

<div style="border: 1px solid black; width: 100%; height: 100%; display: flex; align-items: center; justify-content: center; margin-bottom: 20px;"> <p style="font-size: 1.2em;">Patient label here</p> </div> <p>Enrolled by: _____</p> <p>Date: _____</p> <p>Diagnosis 7 days <input type="checkbox"/> Diagnosis 14 days <input type="checkbox"/></p> <p style="padding-left: 40px;">Titration <input type="checkbox"/> Long Term <input type="checkbox"/></p>	<p style="text-align: right;">Mobile app or website <input type="checkbox"/></p> <p>On initial enrolment, you will receive a welcome email, which explains how to register with Inhealthcare and about downloading the My Inhealthcare app. Check your junk/scam mailbox if you can't find the email.</p> <p>You must register before you can continue – you will need to enter your date of birth and CHI</p> <p>Your CHI number: _____</p> <p>After that you will receive emails reminding you to submit your BP readings – you can click on the link to login to the secure website (n.b. do not use the NHS Login option) or you can use the app</p> <p>Times for emails: _____ // _____</p> <p style="text-align: center;">Email address:</p> <p>_____</p>
<p style="text-align: center;">Text message <input type="checkbox"/></p> <p>You will receive a series of text messages from 85025 with information on how to use the service. Texting your BP readings is free of charge (whatever your phone may say). Be sure to use the format BP 140/80 Inhealthcare will not understand any other format or text message (n.b. current evidence suggests the service cannot be used with PlusNet, Sky, Tesco Mobile or Smarty).</p> <p>Times for texts: _____ // _____</p> <p style="text-align: center;">Mobile Number</p> <div style="display: flex; justify-content: center; gap: 5px;"> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> </div>	<p style="text-align: center;">Automated call <input type="checkbox"/></p> <p>You will receive an automated phone call asking you to use your telephone keypad to use the service.</p> <p>Calls will come from 0300 373 0717 and the first question asks you to confirm who you are. If possible, it is best to have your BP reading ready in preparation for the phone call.</p> <p>Times for calls: _____ // _____</p> <p style="text-align: center;">Landline Number</p> <div style="display: flex; justify-content: center; gap: 5px;"> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> </div>

I confirm that I am happy to be enrolled onto the InHealthcare system, and that my data will be used accordingly with GDPR regulations. Any information collected from or about me will be held securely and consistently with the General Data Protection Regulation (2016)

NHS Grampian is strongly committed to your right to privacy. To read our Data Protection Policy please visit: <https://www.nhsgrampian.org/about-us/data-protection/>

Patient signature _____

Date _____