

The Maryhill Group Practice

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www.elginhealthcentre.co.uk

10th ANNIVERSARY OF OUR NEWSLETTER !!!!

SEASONAL FLU AND SHINGLES VACCINATIONS

The Flu Clinics will commence on **Monday 25th September** and patients who are entitled to the flu vaccination are listed below. Should you be entitled to this, please contact the Reception Team to book an appointment:

- * Over 65 years of age
- * Chronic Heart Disease
- * Diabetes
- * Chronic Respiratory Disease
- * Liver Disease & Kidney Disease
- * Pregnant Women
- * Patients with a BMI of 40 and above
- * Unpaid Carers

We will also be offering the vaccination against Shingles. Patients are eligible for the shingles vaccine in the year that they turn 70. There is also a 'catch-up' programme for patients who missed out on the vaccine in previous years.

See the table opposite to find out if you are eligible for this year's vaccine.

People aged 75 years, who are not eligible this year, will be offered the vaccine in the future.

Age on 01/09/2017	Eligible?
70	Yes
71	Yes
72	Yes
73	Yes
74	Yes
75	Not Yet
76	Yes
77	Yes
78	Yes
79	Yes
80	Ineligible

An annual Nasal Spray Flu Vaccination will be available for all children aged 2-5 years as part of the NHS Childhood Vaccination Programme. Children of primary school age will be given the flu vaccine at school.

Please remember that if you are attending for a Flu/Shingles vaccination, the car park will be very busy so please leave plenty of time to park and don't forget there are car parking spaces at the back of the Health Centre.

ROTHES REFURBISHMENT

On 4th September the Rothes Medical Centre moved into temporary accommodation for a period of 3 months to allow for a refurbishment to take place. We will now be working out of **67 New Street, Rothes, AB38 7BJ** and will operate normal working hours from here.



The Seafield Arms Hotel have kindly agreed to allow patients to use their car park facilities when visiting the Health Centre.

We are hoping to move back into a lovely refurbished building in December and we will keep you updated of our progress.

We thank our patients for their continued patience and understanding during this time.

STAFF NEWS

Dr Kerry Cattanach has increased the number of hours she will be working in the practice. She is now a GP Assistant and will be available on Mondays, Tuesdays and Thursdays.

We would like to welcome **Lindsay Clarke**, Emergency Care Practitioner, who joined the Practice in August. And also two new Practice Nurses, **Suzanne Young** and **Kerry Hendry**, who recently started with us.

Dr Aoife Ni Mhaoileoin, left the Practice in July to move to a Practice in Stranraer and **Adeline Moss**, Community Nurse Team Leader, also left in July to move to England. We would like to wish them both well in the future.



Congratulations to **Dr Robert Lockhart** and his wife Minnie who had a lovely little baby girl called Elizabeth on 5th September weighing 7lbs 9oz. Also congratulations to Practice Nurse **Shona Forbes** and her husband Paul also had a lovely little baby girl called Grace who was born on 21st July weighing 6lbs 10oz.

DR. NICOL

Dr John Nicol shall shortly be taking up a senior post as Assistant Director for Postgraduate GP Education for the North of Scotland. The post will be for 3 days a week and will largely be based in Aberdeen.

As a result, Dr Nicol shall resign from the Maryhill GP Partnership but will continue to work as a salaried GP Assistant in the Practice providing 4 sessions per week.

We would like to take this opportunity to wish him well in his new role which we know has been a personal aspiration of his for a number of years.



Red Sky Productions have been filming in the Practice since June to produce a three part BBC documentary series. They have been particularly interested in the journey of the GP Trainees attached to the Practice and how they maintain an appropriate life-work balance during the transition between training and working independently as GPs.

The production team have been impressed by the broad range of clinical services provided and the level of supportive team working among the staff.

We hope that the programme will highlight the very best qualities of General Practice. Look out for the series in Spring 2018!

HEALTH CENTRE CLOSURE DATES

Thursday 9th November - closed from 1.30pm onwards - Protected Learning Day

Monday 25th December - Closed All Day

Tuesday 26th December - Closed All Day

Monday 1st January- Closed All Day

Tuesday 2nd January- Closed All Day